

Sermon Study Guide - 2.21.2010

ACCESS – Week 1



Access to God

Week 1

Week of February 21

- What would you say are some of the distractions we face that keep us from praying on a regular basis?

Discussion

“Therefore, since we have a great high priest who has gone through the heavens, Jesus the Son of God, let us hold firmly to the faith we profess. For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who has been tempted in every way, just as we are – yet was without sin. **Let us then approach the throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.**” Hebrews 4:14-16

- Those who belong to Jesus have ready access to God. When you approach God, what thoughts are on your mind?

Read Psalm 57:1-4.

- What is David’s heart cry and solution?
- In what ways can you identify with David’s prayer?
- Describe a time when God answered an important prayer in your life. How did the way He answered affect your relationship with Him?

Read Psalm 57:5-11.

- David is in the back of a cave with Saul in hot pursuit to kill him. His back is against the wall. What do you see is the attitude of his heart?
- What does the attitude of your heart have to do with your prayer life?

Read Philippians 4:6-7.

- What attitudes does Paul encourage us to have when we approach God in prayer?
- What will we experience as a result of these attitudes?

Reflection

- Why should daily prayer and connection with God be a priority?
- What are some reasons that keep us from being totally honest with God?
- Describe how you communicate with God. What ways are most effective and meaningful to you?

Application

- What is the biggest issue or need in your life currently?
- What is your plan for pursuing God in prayer this week?

Spend time in prayer together praying for one another.

Here are some suggestions you may want to use for your time with God this week:

Day 1 – Psalm 33 –prepare your heart for worship, spend time thanking God for all He has done in your life naming them specifically.

Day 2 – Psalm 40 – Worship, have an honest conversation with God by telling Him your true feelings. Ask for a deeper relationship with Him.

Day 3 – Psalm 42 – Worship, pray for specific needs of your friends, our church, and our nation.

Day 4 – Psalm 63 – Worship, pray for your community group members and their needs.

Day 5 – Psalm 139 – Worship, pray for your specific needs and the needs of your loved ones.